

# Donia Hijaz, M.S.

## Curriculum Vitae

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### EDUCATION

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| Expected 2028 | <b>University of New Mexico, Albuquerque, NM</b><br><i>Doctor of Philosophy, Clinical Psychology</i><br><u>Advisor:</u> Margo Hurlocker, Ph.D.                                                                                                                                       |
| 2024          | <b>University of New Mexico, Albuquerque, NM</b><br><i>Master of Science in Psychology</i><br><u>Thesis Title:</u> Substance Use Patterns Among Muslim American Young Adults: A Mixed Methods Design Assessing Risk and Protective Factors<br><u>Advisor:</u> Margo Hurlocker, Ph.D. |
| 2019          | <b>University of California, Los Angeles, Los Angeles, CA</b><br><i>Bachelor of Arts, Psychology</i><br>College Honors<br>Cumulative GPA: 3.7                                                                                                                                        |

### HONORS & AWARDS

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|------------------|--------------------------------------------------------------------------------------------------------------|
| 2026             | <b>Professional Development Grant (\$600), University of New Mexico</b>                                      |
| 2023, 2024, 2025 | <b>Department of Psychology Travel Award (\$500), University of New Mexico</b>                               |
| 2026             |                                                                                                              |
| 2021             | <b>Institute for Addiction Science Oral Presentation Award (\$150), University of Southern California</b>    |
| 2019             | <b>College Honors, University of California, Los Angeles, College of Letters and Science</b>                 |
| 2019             | <b>Psychology Research Opportunities Program Commencement Speaker, University of California, Los Angeles</b> |
| 2017 – 2019      | <b>College of Letters and Sciences Dean's Honors List, University of California, Los Angeles</b>             |
| 2017             | <b>Speaker at the Report to Community Event, Chaffey College</b>                                             |
| 2017             | <b>Class of 2017 Commencement Speaker, Chaffey College</b>                                                   |
| 2017             | <b>Valedictorian (\$2,000), Chaffey College</b>                                                              |
| 2017             | <b>College Honors, Chaffey College</b>                                                                       |

### FUNDED GRANTS

|             |                                                                                                                                                                                                                                                                                                                            |
|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2023 – 2024 | <b>Graduate and Professional Student Association New Mexico Research Grant, University of New Mexico</b><br><u>Title:</u> Substance Use Patterns Among Muslim American Young Adults: A Mixed Methods Design Assessing Risk and Protective Factors<br><u>Role:</u> Principal Investigator<br><u>Amount Awarded:</u> \$3,000 |
| 2023 – 2024 | <b>Rogers Research Award, University of New Mexico</b><br><u>Title:</u> Substance Use Patterns Among Muslim American Young Adults: A Mixed Methods Design Assessing Risk and Protective Factors<br><u>Role:</u> Principal Investigator<br><u>Amount Awarded:</u> \$1,495                                                   |
| 2018 – 2019 | <b>Psychology Research Opportunities Program, University of California, Los Angeles</b><br><u>Title:</u> Clinical and Demographic Correlates of Attempted Smoking Cessation<br><u>Role:</u> Principal Investigator                                                                                                         |

Amount Awarded: \$2,000

### PEER-REVIEWED PUBLICATIONS

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1. Chen, S., Ourshalimian, S., **Hijaz, D.**, Odegard, M., Kim, E., Andras, L., & Kelley-Quon, L.I. (2024). Opioid consumption prior to discharge predicts outpatient opioid use in adolescents undergoing surgery. *Surgery*.
2. Hurlocker, M. C., Kirouac M., Gillezeau, C., **Hijaz, D.**, Moniz-Lewis, D. I. K., Carlon, H., Coleman, G. C., Ilgen, M., Pearson, M. R., Vowles, K., & Witkiewitz, K. (2023). Study protocol for the healing opioid misuse and pain through engagement (HOPE) trial: Integrated treatment for individuals with co-occurring chronic pain and opioid use disorder. *Substance Use & Addiction Journal*.
3. Odegard, M. N., Ceasar, R. C., **Hijaz, D.**, Obinelo, A., Rosales, A., Bhanvadia, S., Kirkpatrick, M., Kim, E., & Kelley-Quon, L. I. (2023). Adolescent and parent perceptions of postoperative opioid use: A qualitative, thematic analysis. *Journal of Pediatric Surgery*.
4. Odegard, M. N., Ourshalimian, S., **Hijaz, D.**, Goldstein, R.Y., Ignacio, R.C., Chen, S., Kim, E., Kim, E.S., & Kelley-Quon, L.I. (2023). Factors associated with postoperative opioid use in adolescents. *Journal of Pediatric Surgery*.
5. Hurlocker, M. C., Carlon, H., Pearson, M. R., & **Hijaz, D.** (2022). Trajectories of change in subclinical anxiety and alcohol use during treatment: A parallel process growth model. *Drug and Alcohol Dependence*.
6. Odegard, M., Ourshalimian, S., **Hijaz, D.**, Chen, S., Kim, E., Illingworth, K., Leventhal, A., & Kelley-Quon, L.I. (2022). Factors associated with safe prescription opioid disposal after surgery in adolescents. *Journal of Surgical Research*.

### MANUSCRIPTS IN PREPARATION/UNDER REVIEW

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1. **Hijaz, D.**, Hurlocker, M. C., Goodkind, J., & Witkiewitz, K. (submitted). Muslim American young adults: Risk and protective factors of mental health.
2. Kirouac M., **Hijaz, D.**, Gillezeau, C., Fahey, K. M. L., Moniz-Lewis, D. I. K., & Hurlocker, M.C. (submitted). Client perspectives on group therapy for co-occurring chronic pain and opioid relapse prevention.
3. Hurlocker, M. C., Fahey, K., Kirouac, M., Christie, N., Gillezeau, C., **Hijaz, D.**, Lewis, M., Ilgen, M., Pearson, M. R., & Witkiewitz, K. (in preparation). Individual and contextual characteristics of participants in a Healing Opioid misuse and Pain through Engagement (HOPE) trial for chronic pain and unhealthy opioid use.
4. Mendoza, C., **Hijaz, D.**, Hurlocker, M. C., & Napper, L. E. (in preparation). Examining the structural validity of the Mother-Child Communication Scale in a sample of college students who use alcohol.
5. **Hijaz, D.** & Hurlocker, M. C. (in preparation). Evidence-based treatments for Muslim individuals with clinical and subclinical psychiatric disorders: A systematic review.

### POSTER PRESENTATIONS

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1. Mendoza, C., **Hijaz, D.**, Hurlocker, M. C., & Napper, L. E. (2025). Examining the Structural Validity of the Mother-Child Communication Scale in a Sample of College Students Who Use Alcohol. Poster presented at the 2025 Research Society on Alcohol annual meeting, New Orleans, LA.

2. **Hijaz, D.** & Hurlocker, M. C. (2025). Muslim American Young Adult Risk and Protective Factors of Substance Use: A Qualitative Study. Poster presented at the 2025 Collaborative Perspectives on Addiction annual meeting, Albuquerque, NM. *Presenting Author.*
3. **Hijaz, D.**, Hernandez-Vallant, A., & Hurlocker, M. C. (2023). Association Between Sources of Prescription Opioid and Increased Risk of Past-Year At-Risk Opioid Use. Poster presented at the 2023 Collaborative Perspectives on Addiction annual meeting, Albuquerque, NM. *Presenting Author.*
4. Chen, S., Ourshalimian, S., **Hijaz, D.**, Odegard, M. N., Kim, E., Andras, L., & Kelley-Quon, L.I. (2022). Opioid Consumption Prior To Discharge Predicts Outpatient Opioid Use in Adolescents Undergoing Surgery. Poster presented at the 2022 American College of Surgeons Clinical Congress annual meeting, San Diego, CA.
5. Odegard, M. N., Ourshalimian, S., **Hijaz, D.**, Goldstein, R.Y., Ignacio, R.C., Chen, S., Kim, E., Kim, E.S., & Kelley-Quon, L.I. (2022). Drivers of Postoperative Opioid Use in Adolescents. Poster presented at the 2022 Society of Asian Academic Surgeons annual meeting, Honolulu, HI.
6. **Hijaz, D.**, Ourshalimian, S., Kim, E., Leventhal, A., Illingworth, K., & Kelley-Quon, L.I. (2021). Factors Associated with Postoperative Prescription Opioid Use in Adolescents. Poster presented at the 2021 American Public Health Association annual meeting, Denver, CO (virtual presentation due to COVID-19). *Presenting Author.*
7. **Hijaz, D.**, Venegas, A., & Ray, L.A. (2019). Clinical Correlates of Past Year Quit Attempts Among Heavy Drinking Smokers. Poster presented at the 2019 Psychology Undergraduate Research Conference at the University of California, Los Angeles, CA. *Presenting Author.*

#### INVITED ORAL PRESENTATIONS

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1. Gillezeau, C., Hurlocker, M. C., Kirouac, M., **Hijaz, D.**, Pearson, M. R., & Witkiewitz, K. (2024). *Opioid and chronic pain: Are clinics ready and willing to treat both together?* Oral presentation given at the 2024 Collaborative Perspectives on Addiction Conference annual meeting, Denver, CO.
2. Odegard, M. N., Ceasar, R. C., **Hijaz, D.**, Obinelo, A., Rosales, A., Bhanvadia, S., Kirkpatrick, M., Kim, E., & Kelley-Quon, L.I. (2023). *Adolescent and parent perceptions of postoperative opioid use: A qualitative, thematic analysis.* Oral presentation given at the 2023 Academic Surgical Congress annual meeting, Houston, TX.
3. Odegard, M. N., Ceasar, R. C., **Hijaz, D.**, Obinelo, A., Rosales, A., Bhanvadia, S., Kirkpatrick, M., Kim, E., & Kelley-Quon, L.I. (2022). *Adolescent and parent perceptions of the American College of Surgeons safe and effective pain control brochure: A qualitative analysis.* Oral presentation given at the 2022 American College of Surgeons Clinical Congress annual meeting, San Diego, CA.
4. Odegard, M., Ourshalimian, S., **Hijaz, D.**, Chen, S., Kim, E., Illingworth, K., Leventhal, A., & Kelley-Quon, L.I. (2022). *Factors associated with safe prescription opioid disposal after surgery in adolescents.* Oral presentation given at the 2022 Academic Surgical Congress annual meeting, Orlando, FL.
5. **Hijaz, D.**, Ourshalimian, S., Kingston, P. & Kelley-Quon, L.I. (2021). *Understanding adolescent postoperative prescription opioid use.* Oral presentation given at the 2021 USC Institute for Addiction Science's Early Career Addiction Research Showcase, Los Angeles, CA (virtual presentation due to COVID-19). *Presenting Author.*

#### RESEARCH EXPERIENCE

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2022 – Present      **Research Coordinator, University of New Mexico**  
Principal Investigator: Margo Hurlocker, Ph.D.

Duties: Support the execution of an NIH-funded project looking at the effectiveness and feasibility of implementing Acceptance and Commitment Therapy (ACT) + Mindfulness-Based Relapse Prevention (MBRP) for individuals with chronic pain and opioid use disorder. Tasked with recruiting and screening potential participants. Conduct follow-up study visits and obtain Timeline Follow-Back data from participants. Compensate participants for study visits. Train new researchers joining study team on recruitment and screening procedures. Assist in the recruitment of clinics.

2024 – 2026

**Research Coordinator, University of New Mexico**

Principal Investigator: Margo Hurlocker, Ph.D.

Duties: Support an NIH-funded study evaluating the effectiveness of an intake-based Motivational Interviewing (MI) intervention on treatment engagement during intake. Assist with participant randomization, data collection, and coordination of participant allocation and therapist assignment procedures.

2019 – 2022

**Clinical Research Coordinator, Children's Hospital Los Angeles (CHLA)**

Principal Investigator: Lorraine Kelley-Quon, M.D., M.S.H.S.

Duties: Managed 15+ active projects. Recruited potential participants from inpatient and outpatient settings at CHLA by monitoring hospital clinics and operating room schedules. Screened potential participants and parents and conducted study visits. Validated patient-reported opioid prescription usage with pharmacy records. Developed study materials. Organized focus groups to educate patients and families on pain management and opioid use. Audited data collection, ensuring security and integrity of data. Extracted patient health information from the electronic medical record. Hired, onboarded, trained, and supervised undergraduate and medical research assistants. Briefed pediatric surgery division on patient enrollment and randomization. Conducted weekly lab meetings, reporting project updates from residents and research assistants. Acted as primary liaison between CHLA and all other members of the Western Pediatric Surgery Research Consortium (WPSRC), a 10-member consortium of children's hospitals. Procured Data Usage Agreements between CHLA and WPSRC sites. Consulted with the Department of Justice regarding access to CURES (Controlled Substance Utilization Review and Evaluation System). Headed IRB approval process from application submission, revision, to approval. Submitted IRB amendments and continuing reviews.

2019

**Independent Research Project, UCLA Psychology Research Opportunities Program (PROPS), UCLA Addictions Laboratory**

Supervisors: Lara A. Ray, Ph.D. and Alexandra Venegas, Ph.D.

Project: *Clinical and Demographic Correlates of Attempted Smoking Cessation*

Duties: Formulated an independent research project that investigated clinical and demographic variables that predict smoking cessation attempts in a sample of heavy drinking smokers. Collected data for study and conducted statistical hypothesis tests in SPSS. Conducted project under the supervision of the graduate student and faculty mentors. Met with mentor(s) once a week to discuss the progression of the project. Wrote a scientific manuscript based on research findings.

2018 – 2019

**Undergraduate Research Assistant, UCLA Addictions Laboratory**

Principal Investigator: Lara A. Ray, Ph.D.

Duties: Supported recruitment efforts for a Los Angeles community sample and screened individuals to determine eligibility. Conducted in-person screening visits with research participants. Obtained informed consent, administered questionnaires, measured vital signs, conducted urine toxicology screens, and administered carbon

monoxide monitor and alcohol breathalyzer tests. Created and organized materials for running the study and study visits. Performed data entry. Trained new research assistants on lab procedures. Managed participant visits and scheduled appointments.

## CLINICAL EXPERIENCE

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- 2026 – present      **Predoctoral Practicum Student, Raymond G. Murphy VA Medical Center, Albuquerque, New Mexico**  
Supervisor: Katherine Belon, Ph.D.  
Duties: Conduct individual assessments and provide both individual and group psychotherapy within an interdisciplinary Psychosocial Rehabilitation and Recovery Center (PRRC) serving veterans with serious mental illness.
- 2025 – present      **Practicum Student Assessor, HopeWorks**  
Supervisor: Josh Grubbs, Ph.D.  
Duties: Conduct individual neuropsychology assessments and comprehensive reports. Provide patients with feedback regarding assessment findings to improve and support their cognitive function.
- 2024 – 2025      **Study Therapist, The Center on Alcoholism, Substance Abuse, and Addictions (CASAA), University of New Mexico**  
Supervisor: Megan Kirouac, Ph.D.  
Duties: Co-facilitated group therapy sessions utilizing Mindfulness-Based Relapse Prevention plus Acceptance and Commitment Therapy for individuals with comorbid chronic pain and opioid use disorder.
- 2023 – 2025      **Clinical Assessor, Therapist, and Peer Supervisor, Anxiety Disorders Specialty Clinic, University of New Mexico**  
Supervisor: Margo Hurlocker, Ph.D.  
Duties: Administered clinical assessments and performed evidence-based interventions to individuals with anxiety and mood-related concerns. Treatment modalities administered were Cognitive Behavioral Therapy for Depression and Behavioral Activation. Provided supervision to new student clinicians on conducting clinical assessments.
- 2022 – 2025      **Clinical Assessor, Therapist, Telephone Screener, and Lead Student Coordinator, Alcohol Specialty Clinic, University of New Mexico**  
Supervisor: Margo Hurlocker, Ph.D., Jane Ellen Smith, Ph.D., and Theresa B. Moyers, Ph.D.  
Duties: Conducted clinical assessments and provided evidence-based treatments to individuals with alcohol-related concerns. Treatment modalities administered were Motivational Interviewing, Cognitive Behavioral Therapy for Alcohol Use Disorder, and Community Reinforcement Approach. Coordinated training clinic for students across all levels of doctoral program, including training new student clinicians on clinic procedures and clinical assessments, providing supervision to student clinicians, and assigning and managing clients.
- 2018 – 2019      **Resilience Peer Network Mentor, Resilience Peer Network (RPN), in partnership with the UCLA Depression Grand Challenge**  
Supervisor: Elizabeth Gong-Guy, Ph.D.  
Duties: Received training in active listening, empathic responding, mindfulness, and positive psychology principles, used for supporting individuals receiving online therapy as part of the UCLA Depression Grand Challenge. Co-led weekly in-person support groups by guiding and training new RPN members who were in their first quarter of

training. Attended weekly group supervision sessions with supervisor and fellow RPN peers. Promoted and participated in outreach events for the Depression Grand Challenge and RPN program.

## RELATED PROFESSIONAL EXPERIENCE

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- 2016 – 2017      **Social Service Intake Technician, Foothill Family Shelter**  
Duties: Compiled data on individuals who visited the shelter. Assisted individuals in need of counseling and financial services. Supported families staying in the shelter's housing by helping them manage their finances and referring them to specific resources. Cared for children while their parents attended group sessions with the shelter's counselor. Referred homeless individuals to temporary housing offered by the shelter and to emergency housing in the greater San Bernardino County area. Assisted community members in the process of applying to the shelter's housing. Performed front desk clerical duties.
- 2017                **Summer Intern, Neighborhood Legal Services of Los Angeles (NLSLA)**  
Duties: Triaged incoming litigants who did not have a lawyer by assessing the specific legal assistance they required. Assisted individuals in completing legal documents related to family law, housing law, and civil law. Assisted in the preparation and filing of court forms for litigants requesting restraining orders. Corresponded with NLSLA lawyers during the process of filing court documents.

## TEACHING & MENTORING EXPERIENCE

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### Teaching Activities

- 2026                **Course Instructor, University of New Mexico**  
Course: Abnormal Behavior
- 2025                **Guest Lecture/Panel Presentation, University of New Mexico**  
Course: Cultural Psychology  
Course Instructor: Christina Gillezeau, M.S.
- 2019                **Course Assistant, UCLA Psychology Department**  
Course: Psychology of Addiction  
Course Instructor: Erica Grodin, Ph.D.  
Duties: Held office hours twice weekly. Answered student queries remotely through an online forum. Collaborated with the instructor and other course assistants on developing class activities. Prepared course materials for the instructor.
- 2016 – 2017      **After School Mentor, Dar Al – Taqwa After School**  
Duties: Tutored elementary school students from diverse cultural backgrounds and age groups. Trained new tutors. Set academic goals and lesson plans with students. Developed creative ways of meeting each student's specific needs with the program director, while updating parents and the program director on student's progress.

### Mentoring Activities

- 2025 – present      Cinthia Mendoza, Post-Baccalaureate Research Assistant, *University of New Mexico*  
Duties: As-needed research supervision and mentorship meetings. Providing mentorship for poster presentation and manuscript.
- 2024 – present      Alexandra Albritton Herna, Undergraduate Student, *University of New Mexico*  
Duties: As-needed research supervision and mentorship meetings.

## **ADVANCED CLINICAL TRAINING**

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- 2023                      Community Reinforcement Approach, *University of New Mexico*  
Presented by: Jane Ellen Smith, Ph.D.
- 2023                      Behavioral Activation for Depression, *University of New Mexico*  
Presented by: Jane Ellen Smith, Ph.D.
- 2023                      Cognitive-Behavioral Therapy for Panic Disorder, *University of New Mexico*  
Presented by: Jane Ellen Smith, Ph.D.
- 2023                      Cognitive Behavioral Therapy – Enhanced for Eating Disorders, *University of New Mexico*  
Presented by: Jane Ellen Smith, Ph.D.
- 2023                      Brief Alcohol Screening and Intervention for College Students (BASICS), *University of New Mexico*  
Presented by: Katie Wikiewicz, Ph.D.
- 2022                      Motivational Interviewing, *University of New Mexico*  
Presented by: Margo Hurlocker, Ph.D.
- 2024, 2022                Mindfulness-Based Relapse Prevention (MBRP) Training, *University of New Mexico*  
Presented by: Sarah Bowen, Ph.D., and Katie Witkiewicz, Ph.D.

## **ADVANCED QUANTITATIVE METHODOLOGY TRAINING**

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- 2024                      Structural Equation Modeling Course, *University of New Mexico*  
Instructor: Yu-Yu Hsiao, Ph.D.