

# Kalina M. L. Fahey, PhD

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## EDUCATION

### Oregon State University (OSU)

September 2018-June 2023

*Ph.D. in Psychology with a concentration in Health*

*Co Major Advisors: Drs. Anita Cservenka and Sarah Dermody*

- Dissertation: Utilizing a Lab-Based Minority Stress Paradigm for Experimental Research among Sexual and Gender Minority Groups: Application and Considerations
  - F31 submitted (*unfunded*)
  - Funded in part by the American Psychological Association (APA) Dissertation Award
- Preliminary Exam: Using the Minority Stress Model as an Explanatory Framework for Substance Use Disparities in the Transgender and Gender Nonconforming Community in Western Countries: A Review and Critique of the Existing Literature
- Second Year Project: The Associations between Religion and Impulsivity in the Adolescent Brain Cognitive Development (ABCD) Study
- First Year Project: Understanding Potential Mechanisms Linking Religiosity to Substance Use in Sexual Minority Adolescents

3.95 GPA

### San Diego State University (SDSU)

August 2016-May 2018

*M.A. in Psychology*

*Major Advisor: Dr. Aaron Blashill*

- Thesis: The Moderating Role of Sexual Orientation in the Association between Religiosity, Spirituality, and Hypertension: Results from a Nationally Representative Sample

3.87 GPA

### Azusa Pacific University

August 2012-May 2015

*B.A. in Psychology with an emphasis in Ministry; Minor in Youth Ministry*

3.78 GPA; Cum Laude honors

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## GRANTS, AWARDS, HONORS, AND FELLOWSHIPS

### Grants

Integrative Management of chronic Pain and Opioid use disorder for Whole Recovery Center (IMPOWR Center) Pilot Project 2023  
\$34,020

American Psychological Association (APA) Dissertation Award 2021  
\$1,000

### Fellowships, Scholarships, and Honors

Integrative Health and Spirituality Special Interest Group (SIG) at SBM Outstanding Trainee Award 2022  
\$500

Oregon State University's Thurgood Marshall Graduate Award 2021-2022  
*Tuition waiver, \$4,000*

Oregon Lottery Graduate Scholarship 2020-2021  
\$4,000

Oregon State University Provost's Distinguished Graduate Fellowship 2018-2019  
*Tuition waiver, \$24,000 stipend*

### Travel Awards

Research Society on Alcoholism (RSA) Student Merit Award for the 2023 RSA Scientific meeting 2023  
\$250, *registration reimbursement*

Mechanism of Behavior Change Translational Satellite Meeting at RSA 2023 Travel Award 2023  
\$900

Oregon State University's Graduate Professional Development Award \$500	2023
Society of Behavioral Medicine's (SBM's) Distinguished Student Travel Scholarship \$500	2023
Mechanism of Behavior Change Translational Satellite Meeting at RSA 2022 Travel Award \$800	2022
RSA Student Merit Award for the 2022 RSA Scientific meeting \$350, <i>registration reimbursement</i>	2022

## PEER-REVIEWED PUBLICATIONS

As of July 3, 2024: h-index: 8 • Total citations: 116  
\*mentored undergraduate students

*Starting in 2022, publishing name transitioned from **K.M. Lamb** to **K.M.L. Fahey***

1. Gherghe, A. \*, **Fahey, K. M. L.**, & Cservenka, A. (accepted). Recent stressful experiences and electronic nicotine product use among young adults. *Current Psychiatry Research and Reviews*.  
<https://dx.doi.org/10.2174/0126660822288158240228094043>
2. **Fahey, K. M. L.**, Dermody, S. S., & Cservenka, A. (2024). The importance of community engagement in experimental stress research with marginalized groups: Lessons from research with sexual and gender minority populations. *Drug and Alcohol Dependence*, 111349.  
<https://doi.org/10.1016/j.drugalcdep.2024.111349>
3. **Fahey, K. M. L.**, Cservenka, A., Peltier, M., Mereish, E., & Dermody, S. S. (2024). An experimental laboratory-based minority stress paradigm for alcohol research among sexual minority women: A pilot study. *Alcohol: Clinical and Experimental Research*, 48(2), 345-361. <https://doi.org/10.1111/acer.15255>
4. Wells, K. J., Gordon, J. R., Carrizosa, C. M., Hernandez Mozo, E., Lucido, N. C., Cobian Aguilar, R. A., Brady, J. P., Rojas, S. A., Ramers, C. B., Nogg, K. A., **Fahey, K. M. L.**, Jones, I. J., Rivera, D. R., & Blashill, A. J. (2024). Interpersonal and community-level influences across the PrEP cascade among young adult Latinx men who have sex with men living in a US-Mexico border region: A qualitative study. *AIDS & Behavior*. <https://doi.org/10.1007/s10461-023-04185-y>
5. Nakai, S. C. \*, **Fahey, K. M. L.**, & Dermody, S. S. (2024). Shyness and victimization to understand substance use patterns: Using the National Comorbidity Survey-Baseline and Collaborative Psychiatric Epidemiological Surveys. *Substance Use & Misuse* 59(1), 126-135.  
<https://doi.org/10.1080/10826084.2023.2262023>
6. **Fahey, K. M. L.**, Holm, A. C. \*, & Dermody, S. S. (2024). The moderating role of sexual orientation in the association between religiosity and sexual health among college students. *Archives of Sexual Behavior*, 53(1), 307-320. <https://doi.org/10.1007/s10508-023-02678-4>
7. **Fahey, K. M. L.**, Kovacek, K. \*, Abramovich, A. & Dermody, S. S. (2023). Prevalence and correlates of transgender and gender nonconforming youth substance use disparities: A scoping review. *Drug and Alcohol Dependence*, 250, 110880. <https://doi.org/10.1016/j.drugalcdep.2023.110880>
8. **Fahey, K. M. L.**, Nakai, S. C. \*, Edwards, J. & Dermody, S. S. (2023). The Associations between religion, impulsivity, and externalizing behaviors in the Adolescent Brain Cognitive Development (ABCD) Study. *The International Journal for the Psychology of Religion*, 33(1), 69-84.  
<https://doi.org/10.1080/10508619.2022.2078590>
9. Conner, C. K., **Lamb, K. M.**, & Dermody, S. S. (2022). Access and barriers to health services among sexual and gender minority college students. *Psychology of Sexual Orientation and Gender Diversity*.  
<https://doi.org/10.1037/sgd0000559>
10. Dermody, S. S., **Lamb, K. M.**, & Kerr, D. C. R. (2022). Heavy drinking and drinking consequences for cisgender and transgender college students. *Psychology of Addictive Behaviors*, 36(5), 466-476.  
<https://doi.org/10.1037/adb0000778>

11. Blashill, A. J., Gordon, J. R., Rojas, S. A., Ramers, C. B., Lin, C. D., Carrizosa, C. M., Nogg, K. A., **Lamb, K. M.**, Lucido, N. C., Jones, I. J., Rivera, D., Cobian-Aguilar, R. A., Brady, J. P., Fuentes, M., & Wells, K. J. (2021). Pilot randomized controlled trial of a patient navigation intervention to enhance engagement in the PrEP continuum among young Latino MSM: A protocol paper *BMJ Open*, 11(5), 1-10. <https://doi.org/10.1136/bmjopen-2020-040955>
12. **Lamb, K. M.**, Stawski, R. S., & Dermody, S. S. (2021). Religious development from adolescence to early adulthood: Changes over time and sexual orientation differences. *Archives of Sexual Behavior*, 50(3), 973-982. <https://doi.org/10.1007/s10508-021-01915-y>
13. **Lamb, K. M.**, Vaughn, A. A., Calzo, J. P., & Bashill, A. J. (2020). The role of sexual orientation in the associations between religiousness and hypertension. *Journal of Religion and Health*, 59(6), 3141-3156. <https://doi.org/10.1007/s10943-020-01051-2>
14. **Lamb, K. M.**, Brady, J. P., Gonzales IV, M. & Blashill, A. J. (2019). The associations between subdimensions of religiosity and illicit substance use among Latino sexual minority men. *Addictive Behaviors*, 89, 15-19. <https://doi.org/10.1016/j.addbeh.2018.08.034>
15. Nogg, K. A., **Lamb, K. M.**, Rooney, B. M., & Blashill, A. J. (2019). Correlates of tanning dependence amongst sexual minority males. *Psychology of Men and Masculinity*, 20(2), 208-213. <https://doi.org/10.1037/men0000167>
16. **Lamb, K. M.**, Nogg, K. A., Safren, S. A., & Blashill, A. J. (2018). Mechanism of change in Cognitive Behavioral Therapy for Body Image and Self-Care on ART adherence among sexual minority men living with HIV. *AIDS and Behavior*, 22(8), 2711-2717. <https://doi.org/10.1007/s10461-018-2143-0>
17. **Lamb, K. M.**, Nogg, K. A., Rooney, B. M., & Blashill, A. J. (2018). Organizational religious activity, hypertension, and sexual orientation: Results from a nationally representative sample. *Annals of Behavioral Medicine*, 52(11), 930-940. <https://doi.org/10.1093/abm/kax066>
18. Klimek, P., **Lamb, K. M.**, Nogg, K. A., Rooney, B. M., & Blashill, A. J. (2018). Current and ideal skin tone: Associations with tanning behavior among sexual minority men. *Body Image*, 25, 31-34. <https://doi.org/10.1016/j.bodyim.2018.01.007>

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## MANUSCRIPTS UNDER REVIEW

1. **Fahey, K. M. L.**, Uhrig, A., Penta, S. Kovacek, K.\*, & Dermody, S. S. (under review). Examining Associations between Protective Factors, Minority Stress, and Health in 2SLGBTQ+ Post-Secondary Students.

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## MANUSCRIPTS IN PREPARATION

1. **Fahey, K. M. L.** & Dermody, S. S. (in preparation). Religious development of heterosexual and LGB+ individuals across the lifespan: Results from a nationally representative sample.
2. **Fahey, K. M. L.** & Dermody, S. S. (in preparation). Race/ethnicity, sexual identity, and religiosity as predictors of substance use in a nationally representative adult sample.
3. Uhrig, A., **Fahey, K. M. L.**, Hart, T. & Dermody, S. S. (in preparation). The influence of perceived peer norms on transgender and non-binary students' alcohol use.

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## NON-REVIEWED PUBLICATIONS

1. **Lamb, K. M.** (2021, July 20). Optimizing Twitter as an Integrative Health/Spirituality Researcher [Newsletter article]. *New and Good: Integrative Health and Spirituality SIG Newsletter; Society of Behavioral Medicine*, 3.

2. **Lamb, K. M.** (2021, March 15). Ask the Experts: Positive Coping Strategies for Managing COVID-19 Stress in the Winter Season [Blog post]. Retrieved from <https://www.sbm.org/healthy-living/ask-the-experts-positive-coping-strategies-for-managing-covid-19-stress-in-the-winter-season>
3. **Lamb, K. M.** (2020, February 7). Where Are All the Men?... In Higher Education Human Sexuality Courses [Blog post]. Retrieved from <https://blogs.oregonstate.edu/osuteaching/2020/02/07/where-are-all-the-men-in-higher-education-human-sexuality-courses/>

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## CONFERENCE PRESENTATIONS

1. **Fahey, K. M. L.**, Cservenka, A., Peltier, M., Mereish, E., & Dermody, S. S. (2023, October). *An experimental laboratory-based minority stress paradigm for alcohol research among sexual minority women: A pilot study*. [Poster Presentation]. New Mexico Psychological Association, Albuquerque, NM.
2. **Fahey, K. M. L.**, Cservenka, A., Peltier, M., Mereish, E., & Dermody, S. S. (2023, September). *An experimental laboratory-based minority stress paradigm for alcohol research among sexual minority women: A pilot study*. [Poster Presentation]. New Mexico Postdoctoral Research Symposium, Albuquerque, NM.
3. **Fahey, K. M. L.** & Dermody, S. S. (2023, June). *The role of race/ethnicity, sexual identity, and religiosity in understanding substance use*. [Poster Presentation]. Research Society on Alcohol, Bellevue 46<sup>th</sup> Annual Scientific Meeting, WA.
4. Jarnecke, A. M., Roberts, W., & **Fahey, K. M. L.** (2023, June). *Social media as a tool for community-engaged research*. Talk accepted for the Community Engagement in Alcohol-related Research: Insights on Funding, Implementation, and Translation Workshop at the Research Society on Alcohol, Bellevue 46<sup>th</sup> Annual Scientific Meeting, WA.
5. **Fahey, K.M.L.**, Kovacek, K.\* Abramovich, A. & Dermody, S. S. (2022, Jun) *Alcohol Prevalence, Patterns, and Correlates in Transgender Youth: A Systematic Review*. [Poster Presentation]. Research Society on Alcoholism 45<sup>th</sup> Annual Scientific Meeting, Orlando, FL.
6. **Fahey, K.M.L.** & Dermody, S. S. (2022, April). *Religious Development Varies by Sexual Identity: Results from a Nationally Representative Sample* [Poster Presentation]. Society of Behavioral Medicine 43<sup>rd</sup> Annual Meeting and Scientific Session, Baltimore, MD.
7. Nakai, S. C., **Lamb, K. M.**, & Dermody, S. S. (2021, April) *Examination of Shyness and Victimization to Understand Substance Use Patterns in the National Comorbidity Survey - Baseline* [Poster presentation]. University of Victoria's Making Waves 2021, Virtual conference.
8. Dermody, S. S., **Lamb, K. M.**, & Kerr, D. (2020, August). *Binge Drinking and Drinking Consequences for Transgender and Cisgender College Students* [Poster presentation]. American Psychological Association 2020 Meeting, Washington, DC. (Conference canceled)
9. **Lamb, K. M.**, Conner, C. K., & Dermody, S. S. (2020, April). *The Moderating Role of Sexual Orientation in the Association between Religiosity and Sexual Health among College Students* [Poster presentation]. Society of Behavioral Medicine 41st Annual Meeting & Scientific Session, San Francisco, CA. (Conference canceled).
10. Aguilar, R. C., Blashill, A. J., Carrizosa, C., Jones, I., Rivera, D., Lucido, N. C., Nogg, K. A., **Lamb, K. M.**, Rojas, S. A., Ramers, C. Gordon, J., Brady, J., Fuentes, M., & Wells, K. J. (2020, April). *Developing and Pretesting a PrEP Peer Navigation Intervention for Young Adult Latino Men who Have Sex with Men* [Poster presentation]. Society of Behavioral Medicine 41st Annual Meeting & Scientific Session, San Francisco, CA. (Conference canceled).
11. Lucido, N. C., Wells, K. J. , Gordon, J., Carrizosa, C., Rojas, S. A., Ramers, C., **Lamb, K. M.**, Nogg, K.A., Aguilar, R. C., Brady, J., Jones I., Rivera, D., Fuentes, M., & Blashill, A. J. (2020, April). *Interpersonal and Community Influences on PrEP Initiation and Adherence among Young Adult Latino Men who Have Sex with Men* [Poster presentation]. Society of Behavioral Medicine 41st Annual Meeting & Scientific Session, San Francisco, CA. (Conference canceled).

12. **Lamb, K. M.**, Conner, C. K., & Dermody, S. S. (2019, February). *Sexual Orientation as a Potential Moderator in the Association between Religiosity, Cigarette, and Marijuana Use* [Poster presentation]. Society for Research on Nicotine and Tobacco 25th Annual Meeting, San Francisco, CA.
13. **Lamb, K. M.**, Brady, J. P., Gonzales, M., & Blashill, A. J. (2018, April). *The Association between Religiosity and Health Risk Behaviors among Latino Sexual Minority Men* [Poster presentation]. Society of Behavioral Medicine 39th Annual Meeting & Scientific Session, New Orleans, LA.
14. **Lamb, K. M.**, Brady, J. P., Gonzales, M., & Blashill, A. J. (2018, March). *The Association between Religiosity and Health Risk Behaviors among Latino Sexual Minority Men* [Paper presentation]. SDSU Student Research Symposium, San Diego, CA.
15. **Lamb, K. M.** & Blashill, A. J. (2017, November). *Sexual Orientation Moderates the Association between Religiosity and Hypertension: Results from a Nationally Representative Sample* [Poster presentation]. Association for Behavioral and Cognitive Therapies 51st Annual Meeting, San Diego, CA.
16. **Lamb, K. M.**, Nogg, K. A., Rooney, B. M., & Blashill, A. J. (2017, March). *The association of religiosity and blood pressure among sexual minorities: Results from a nationally representative sample* [Poster presentation]. Society of Behavioral Medicine 38th Annual Meeting & Scientific Session, San Diego, CA.
17. Nogg, K. A., **Lamb, K. M.**, Rooney, B. M., & Blashill, A. J. (2017, March). *Correlates of tanning dependence amongst sexual minority males* [Poster presentation]. Society of Behavioral Medicine 38th Annual Meeting & Scientific Session, San Diego, CA.
18. Klimek, P., **Lamb, K. M.**, Nogg, K. A., Rooney, B. M., & Blashill, A. J. (2017, March). *Current and ideal skin tone: Associations with tanning behavior among sexual minority men* [Poster presentation]. Society of Behavioral Medicine 38th Annual Meeting & Scientific Session, San Diego, CA.
19. **Lamb, K. M.**, Nogg, K. A., Rooney, B. M., & Blashill, A. J. (2017, March). *Religiosity and cardiovascular disease risk among sexual minorities: Results from a nationally representative sample* [Paper presentation]. SDSU Student Research Symposium, San Diego, CA.

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## INVITED LECTURES, TALKS, AND COLLOQUIA PRESENTATIONS

1. **Fahey, K. M. L.** (2023, May). *Maximizing Online Recruitment for Substance Use Research*. Virtual workshop presented with the RSA National Advocacy and Public Education Committee in a series of Social Media Workshops with Drs. Amber Jarnecke and Walter Roberts.
2. **Fahey, K. M. L.** (2023, January). *Using Diverse Methodological Approaches to Understand Substance Use Risk in LGBTQ+ Populations*. Colloquia presentation of research for the University of Texas – El Paso Department of Psychology, El Paso, TX.
3. **Fahey, K. M. L.** (2022, July). *Social Media Tips and Tricks for Research Labs and Researchers*. Invited [virtual] talk presented for the Health Promotion and Resilience Intervention Research Program at Massachusetts General Hospital (MGH), Boston, MA.
4. **Fahey, K. M. L.** (2022, March). *Social Media Tips and Tricks for Research Labs and Researchers*. Invited [virtual] talk presented for Center for Health Outcomes and Interdisciplinary Research at MGH, Boston, MA.
5. **Lamb, K. M.**, Conner, C. K., Dermody, S. S. (2020, May). *The Moderating Role of Sexual Orientation in the Association between Religiosity and Sexual Health among College Students*. Colloquia presentation of research for the OSU School of Psychological Sciences, Corvallis, OR.
6. **Lamb, K. M.** (2019, May). *Understanding Potential Mechanisms Linking Religiosity to Substance Use in Sexual Minority Youth*. Colloquia presentation of Ms. Lamb's First Year Project for the Oregon State University School of Psychological Science, Corvallis, OR.



7. **Lamb, K. M.** (2018, March). *Embracing Taboo Topics in Psychology*. Presentation at 1st Annual Out and Succeeding in STEM (OASIS) Conference held by San Diego State University's chapter of Out in Sciences, Technology, Engineering, and Mathematics, San Diego, CA.

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## MEDIA APPEARANCES AND INTERVIEWS

1. Hildebrand, L. & Lynn, B. K. (2023, January 15). LGBTQ+ health disparities and the impact of stress [Audio podcast episode]. In Inspiration Dissemination. Oregon State University.  
<https://share.transistor.fm/s/88fb7ac1>
2. Hildebrand, L. (2023, January 15). LGBTQ+ health disparities and the impact of stress [Blog post]. Inspiration Dissemination Website. <https://blogs.oregonstate.edu/inspiration/2023/01/15/lgbtq-health-disparities-and-the-impact-of-stress/>
3. Franz, B. (2022, October). Interview by the OSU Graduate School.  
<https://gradschool.oregonstate.edu/story/kalina-fahey-psychology-phd>

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## RESEARCH EXPERIENCE

### **Postdoctoral Researcher**

July 2023-July 2024

*Alcohol Research Training Program (T32 AA018108)* – Center on Alcohol, Substance use, And Addictions (CASAA) at the University of New Mexico (UNM), Albuquerque, NM

*Supervisors: Margo Hurlocker, Ph.D.; Katie Witkewitz, Ph.D.*

- Aiding in study efforts related to recruitment, survey administration, and scheduling for the Healing Opioid misuse and Pain through Engagement (HOPE) Efficacy Trial
- Completing a funded pilot project to assess and address health disparities in LGBTQ+ adults who use opioids

### **Postdoctoral Researcher**

July 2023-July 2024

*Integrative Management of chronic Pain and Opioid use disorder for Whole Recovery Center (IMPOWR Center; RM1DA055301)* – Center on Alcohol, Substance use, And Addictions (CASAA) at the University of New Mexico (UNM), Albuquerque, NM

*Supervisors: Katie Witkewitz, Ph.D.; Mateo Pearson, Ph.D.*

- Aiding in study efforts related to recruitment, survey administration, and scheduling for the Healing Opioid misuse and Pain through Engagement (HOPE) Efficacy Trial
- Completing a funded pilot project to assess and address health disparities in LGBTQ+ adults who use opioids
- Creating a centralized CASAA participant pool registry to facilitate ongoing recruitment efforts

### **Graduate Researcher**

March 2020-June 2023

*Substance Use and Neurocognition Lab* – Oregon State University, Corvallis, OR

*Supervisor: Anita Cservenka, Ph.D.*

- Principal investigator on multiple studies analyzing the associations between a number of variables including religiousness, sexual minority status, substance use, stress, and sexual health across an array of populations
- Assisted with the startup and development of several lab-based studies
- Trained and mentored over 10 undergraduate research assistants on research projects and manuscripts

### **Graduate Researcher**

August 2018-June 2023

*Clinical Addictions and Research Equity Lab (Formerly Health Equity and Addiction Lab)* – Oregon State University, Corvallis, OR and Toronto Metropolitan University, Toronto, ON

*Supervisor: Sarah Dermody, Ph.D.*

- Principal investigator on multiple studies analyzing the associations between a number of variables including religiousness, sexual minority status, substance use, stress, and sexual health across an array of populations
- Assisted with the startup and development of several lab-based studies
- Trained and mentored over 5 undergraduate research assistants on research projects and manuscripts

**Graduate Researcher**

August 2016-June 2018

*Body Image, Sexuality, and Health Lab* – San Diego State University, San Diego, CA

Supervisor: Aaron J. Blashill, Ph.D.

- Principal investigator on a study analyzing the association between religiosity and hypertension in a sexual minority sample
- Assisted with the startup of two NIH funded clinical trials (5R34MH114699-03 and 5R01MD012698-04)
- Served as a blinded clinical assessor administering structured diagnostic interviews

**Undergraduate Research Assistant**

January 2014-May 2014

*Dr. Martin's Autism Research Lab* – Azusa Pacific University, Azusa, CA

Supervisor: Loren Martin, Ph.D.

- Ran trials for studies with mice manipulated to express genetic factors associated with autism
- Attended weekly meetings to review current studies and address study protocol

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**TEACHING EXPERIENCE****Teaching Assistant/Instructor of Record**

September 2019-June 2023

*Oregon State Department of Psychology* – Corvallis, OR

Supervisors: David Kerr, Ph.D.; Regan Gurung, Ph.D.; Ameer Almuaybid, M.A.

- Developed and modified online course assignments for General Psychology to more effectively meet multiple hierarchical levels of Bloom's taxonomy of learning
- Modified preexisting Abnormal Psychology course to meet the needs of remote learning students during the COVID-19 pandemic
- Served as a Teaching assistant for:
  - PSY 381 – Abnormal Psychology; Remote learning (1 term)
- Served as an Instructor of Record for:
  - PSY 201 – General Psychology; Online (2 terms)
  - PSY 381 – Abnormal Psychology; Remote learning (2 terms), In-person (3 terms);
  - PSY 298 – Quantitative Methods in Psychological Science; Laboratory section (3 terms)

**Private Tutor**

September 2020-June 2021

Corvallis, OR

Supervisors: Self-employed

- Assisted 5<sup>th</sup> grade student diagnosed with externalizing disorders with in-class work and homework
- Incorporated Waldorf education model into tutoring activities and utilized a flexible teaching style to encourage motivation and facilitate learning

**Teaching Assistant**

September 2017-June 2018

*SDSU Department of Psychology* – San Diego, CA

Supervisors: Joe Price, Ph.D.; Heidi Kraft, Ph.D.; Shawna Saponjic, Ph.D.; Amy Spilkin, Ph.D.

- Served as a Teaching Assistant for:
  - PSY 230 – Developmental Psychology (2 terms)
  - PSY 350 – Abnormal Psychology (2 terms)
  - PSY 101 – Introduction to Psychology (1 term)
  - PSY 353 – Stress, Trauma, and the Psychological Experience of Combat (1 term)

**Graduate Assistant**

August 2016-June 2017

*SDSU Department of Psychology Undergraduate Advising* – San Diego, CA

Supervisor: Katherine Turner, Ph.D.

- Managed day to day operations of the advising office (e.g., scheduling, training, and advising)
- Served as a Teaching Assistant for PSY 201 - Academic and Career Opportunities in Psychology and PSY 491 - Academic or Psychological Counseling Experiences

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**CLINICAL & VOLUNTEER EXPERIENCE****Registered Behavior Technician**

June 2015-July 2016

*California Psychcare* – San Diego, CA

Supervisor: Karmen McQuain, M.A.

- Certified as a Qualified Autism Service paraprofessional

- Trained in Applied Behavioral Analysis to provided in-home therapy for clients diagnosed with Autism Spectrum Disorder
- Certified in Nonviolent Crisis Intervention

### **Book Group Facilitator/Writing Program Coordinator**

June 2015-July 2016

*Words Alive!* – San Marcos, CA

- Visited a Juvenile Court System Classroom twice a month, once for a book group and once for a writing program
- Planned writing topics related to the book of the month and implemented writing topics in the classroom
- Reviewed writing materials submitted by students and provided feedback on grammar, structure, and flow

### **Nonprofit Intern**

September 2013-December 2013

*Elizabeth House* – Pasadena, CA

Supervisor: Terry Bright, Director of Programs

- Assisted employees in a nonprofit transitional home for homeless pregnant women. Tasks included administrative work, transportation services for residents, and cataloging donations
- Observed case management sessions with Case Director and discussed appropriate case management techniques

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## **MEMBERSHIPS AND AFFILIATIONS**

Student Member of RSA	December 2021-Present
Student Member of APA	November 2020-Present
Student Member of APA Division 36	October 2018-Present
Student Member of Society of Behavioral Medicine (SBM)	February 2017-Present
Alumni Member of the National Society of Leadership and Success	February 2014-Present

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## **SERVICE**

Social Media Editor for <i>Drug and Alcohol Dependence Reports</i>	Nov 2023-Present
National Advocacy and Public Education Committee Member in RSA	Aug 2022-Present
Social Media Chair for the Integrative Health and Spirituality SIG in SBM	May 2021-March 2023
SBM 2022 Student Volunteer	April 9, 2022
Grad Admissions, Scholarship, and Funding Committee at OSU	December 2021-January 2022
Student Liaison for the Integrative Health and Spirituality SIG in SBM	September 2020-May 2021
OSU Honors College Essay Grader	September 2020-March 2021
Speaker on the Psi Chi Graduate Student Panel Oregon State University	November 13, 2019

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## **PEER REVIEWING**

(Ordered from most to least recent)

Alcohol and Alcoholism  
 Psychology of Addictive Behaviors  
 Journal for the Scientific Study of Religion  
 The American Journal of Addictions  
 Drug and Alcohol Dependence  
 LGBT Health

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## **RESEARCH INTERESTS**

- LGBTQ+ Health Disparities
- Religiosity and Spirituality
- Intersectionality of Minority Identity and Religiosity
- Substance Use
- Stress

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## **TEACHING INTERESTS**



- Statistical Methods; introductory and advanced such as Multiple Regression and Structural Equation Modeling
- Abnormal Psychology
- Research Methods
- Psychology of Gender and Human Sexuality
- Addiction
- Stress and Health

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## SKILLS

*Research:* Quantitative skills, IRB proposal development, NIH grant development, Qualtrics survey design, manuscript and presentation development, study management, online study recruitment

*Assessment/Screening:* Eating Disorder Examination, Mini International Neuropsychiatric Interview, Diagnostic Assessment Research Tool

*Computer:* Microsoft Office Suite, SPSS, SAS, Mplus, EndNote, Canva

*Other:* Social media management, graphic design

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## REFERENCES

**Dr. Sarah Dermody, PhD, C.Psych.** – *Co-PhD Advisor*, Toronto Metropolitan University      [ssdermody@ryerson.ca](mailto:ssdermody@ryerson.ca)

**Dr. Anita Cservenka, PhD** – *Co-PhD Advisor*, Oregon State University      [anita.cservenka@oregonstate.edu](mailto:anita.cservenka@oregonstate.edu)

**Dr. David Kerr, PhD** – *PhD Committee Member*, Oregon State University      [david.kerr@oregonstate.edu](mailto:david.kerr@oregonstate.edu)

**Dr. Aaron Blashill, PhD** – *MA Advisor*, San Diego State University      [ablashill@sdsu.edu](mailto:ablashill@sdsu.edu)